

FRHS TEAM SPORTS 10 (Mr. Sil)

1. Each student will be graded on total points **EARNED**. Each student may EARN 10 points a day for the following:
 - a. 5 points – Proper Dress (see below)
 - b. The additional 5 points to be earned come from the following areas: Effort/Active Participation, Respect/Sportsmanship, Cooperation with teacher’s planning and with fellow students, Attitude during activities, Completing the warm-up for the day, and Arriving to class on time.
 - a. **Each area is subjective and the teacher makes all decisions concerning them.**
 - b. **It is also the teacher’s decision to take any amount of points away from a student for behavior not meeting expectations.**
 - c. **If you miss a day, it is YOUR responsibility to see me to make up those points. All classes need to be made up before the end of that particular 9-week grading period. It is also your responsibility to communicate with me or be up to date on your own about what your grade is.**
 - d. **You will also be graded on your performance in specific skill tests for sports/games/activities that are covered in the course.**
2. Students that participate in after school activities **must dress and participate in all activities** on game days. No one will “sit out” for this reason. Failure to follow this rule will result in a 0 for the day and disciplinary action will be taken. **NO EXCEPTIONS!**
3. Active Participation vs. Participation – Actively participating in an activity is making a conscious effort to get involved in the play of the game or activity. Standing on the playing field as a part of the game or activity is not Active Participation. Remember, this is worth 2 points each day!!!
4. Improper language will not be tolerated in this class. If this becomes a problem, you will lose points and be subject to detention.
5. Leave your cellphones in your lockers!!! I don’t care if you are listening to music, playing games, or using the calculator on it; if I see it I will take it. Leave your ipods in your lockers too (unless I tell you on a particular day you will be able to use them).
6. Dress – A t-shirt **MUST** be worn in every class. T-shirts with the sleeves cut off and acceptable tank tops are permitted. Athletic shorts, sweats, or wind-pants are permitted. No jeans or khakis/khaki shorts are permitted. And **MOST** importantly, athletic shoes are the **ONLY** footwear acceptable during PE class. If you do not dress you can receive, at best, 5 points for that particular day. If you do not wear the proper shoes for class, I cannot allow you to participate in class. Thus, the highest point total you could receive on a day without proper shoes is a 1 out of 10. These points will add up if you do not dress properly for class. You must change your clothing to get you full credit for proper dress!!! **You will still be required to participate in class if you do not dress for class.**
7. Students will use lockers to put their clothing and belongings in. **I am not responsible for any stolen items.**
8. **LOCK IT UP!!!**
9. Grading Scale:

92-100	A	62-71	D (This is passing)
82-91	B	61-0	F (This is failing. Do not receive credit for class and will have to repeat)
72-81	C		

10. I understand how I will be graded in TEAM SPORTS and all of the rules discussed above.

Student Printed Name _____

Student Signature _____

ALL RULES ARE SUBJECT TO CHANGE AT ANY TIME. STUDENTS WILL BE NOTIFIED ANYTIME RULE(S) ARE CHANGED OR MODIFIED.

SEE THE FITNESS HANDBOOK ONLINE FOR FURTHER INFORMATION.

<http://www.franklinregional.k12.pa.us/highschool/healthphysedwellness.asp>

PLEASE NOTE: MY RULES SUPERCEDE RULES THAT ARE IN THE HANDBOOK