

TEAM SPORTS (10) COURSE SYLLABUS

Grade Level: 10

Instructor(s): Greg Sill, Jeff Jackson

Time Frame: 18 weeks

Textbook(s): none

Course Rationale: This elective semester course is a combination of performance and theory of a complete program in Team Sports designed for improving personal fitness. Students will demonstrate skills, strategies and knowledge of the rules of team sports through skills demonstration, development of drills and lead-up/modified games, organization, tournament implementation and game officiating. The overall goal of this course is for students to attain an enhanced level of physical fitness while developing an appreciation for advanced high-impact physical activities to incorporate in their lifestyles.

Units of Instruction: *Football*
Softball/Baseball
Soccer/Speedball
Lacrosse
Basketball
Floor Hockey
Volleyball
Ultimate Frisbee

Misc. Games (Ultimate Frisbee, Wombat, Speedball, Kickball, etc.)

*Length of unit may vary based on weather, school schedule changes and availability of playing fields/facility space.

Assessment Procedures:

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| -performance assessments | -skills competition assessment |
| -teacher observation | -journal writing assignments |
| -cooperative lesson planning | -observation log writings |

-4 C's: *Competence* (demonstrating knowledge of rules, skills, strategies, physical conditioning, healthy behaviors, etc.)
Character (responsibility, accountability, dedication, fair play, self-control)
Civility (cooperation, respectful for others, fairness, caring, supportive)
Citizenship (sportsmanship, follows rules, team spirit, teamwork, role-modeling)

Grading Procedures: Letter grades are assigned according to the Franklin Regional School District grading scale.

Specific departmental information: Please refer to the Franklin Regional Fitness Handbook for specific safety information and general gym expectations.